

## HOME CIRCLE COLUMN

## A Contented Spirit.

Remember, if you have only what is called an ordinary home, that the great deliverers of the world have all come from such a home. And there may be seated reading at your evening stand a child who shall be potent for the ages. Just unroll the scroll of men mighty in church and state, and you will find they nearly all come from log huts out in the third or fourth generation. You cannot find in all history cabin or poor house. Genius almost an instance where the fourth generation of extraordinary people amount to anything. Columbus from a weaver's hut, Demosthenes from a cobbler's cellar, Bloomfield and Missionary Carey from a shoe maker's bench, Arkwright from a barber's shop and he whose name is high over all in the earth and air and sky from a manger.

Let us all be content with such things as we have. God is just as good in what he keeps away from us as in what he gives us. Even a knot may be useful if it is at the end of a rope. The spider draws poison out of a flower, the bees get honey out of a thistle, but happiness is a heavenly elixir and the contented spirit extracts it not from the rhododendron of the hills, but from the lily of the valley.

## -Only A Little Thing.

The secular press is carrying the story of how a crawfish, not over three inches in length, shut down a big iron plant in Wheeling, W. Va., and threw 3,000 men for the time being in idleness. The crawfish had traveled from the river through the pump plant to the city reservoir and thence through the water mains and pipes until it reached the meter of the Little Iron Works. Logging in the meter, it shut off the supply and stopped the whole plant. Only a little thing, but it cost that plant the loss of considerable time and money.

Only a cigarette, but it turned a bright boy into a nicotine reservoir. He failed in college and failed in business because his heart and brain were poisoned by the "little white slaver."

Only a social glass, but it turned a brilliant youth into a poor old drunkard. Money gone, friends gone, loved ones desolate and broken-hearted. He finally fell under the wheels of a rushing locomotive and his poor soul went out into the night of eternal gloom.

Only a "little sin" unrepented of and unforgiven, but it brings on the sinner the full penalty of the law that declares that the soul that sinneth shall die. "The wages of sin is death."

In view of the tremendous possibilities of good and evil that are to be found in almost every thought and word and action, we sometimes wonder if there are any "little things" in this world. A tiny wire may carry a spark that will blow up a mountain. A word may create influences that will shake a nation. The life of a humble peasant has revolutionized the world and will sooner or later give it a civilization beyond anything for which we have yet had the courage to hope. Surely there are no little things.

The effort at "pleasing mother" should be cultivated in the children's heart. Early in life they should begin the cultivation of thought and effort with reference to the gratification of her wishes and of making her happy. If they would do this they would find daily opportunities for speaking kind words and showing such helpful services and rendering such noble traits of character in dealing with others as would gladden the heart and lighten the cares of mother in a way too often thought of. If boys, if girls, could but realize their indebtedness to their mothers, they certainly would generally be very much anxious about pleasing them. The great men of the world, who have acknowledged their indebtedness to their mothers, took delight in pleasing them. But most of all their noble lives, their courage in doing right and their honorable achievements in public life were especially pleasing to their noble mothers. Hardly a higher tribute can be paid to any young man's success in life than "He pleased his mother."

The people who have so much sympathy for those who have gone beyond all earthly help, might use a little of it in every day life to a good and excellent purpose. The idea of kicking people when alive and then for a person to sweep over their grave when dead is what too many of us do and is one reason why the world is no better today. Speak your kind words to the living, and when you are dead you need not care what is said of you.

If you want cheerfulness in your home you must have sunshine and genial hearts. Plan to live in the sunshine. If there is a pleasant room in your dwelling, live there! If there is a dark room, shut it up; keep the children out of it. If you have troubles shut them up there—never take them into the family circle—give home the sunniest thought and plans of your whole life and fill it with love, joy, peace, gladness—sunshine.

We do not laugh enough. There is nothing more pleasant to the ear than the merry laugh of a happy, joyous person, and nothing drives away gloom and care like a good, hearty laugh. Laughter and good humor make a happy, pleasant home and a cheerful bright home is the greatest safeguard against temptations for the young. Parents should guard against this and spare no pains to make home a cheerful spot.

## THE LOUISA GARAGE CO.

Now is prepared to do all kinds of repair work on automobiles. Wm. Hartman, who has had 5 years experience in one of the largest garages in Pittsburgh, Pa. His charge of the repair department and will do your work in first class manner. Charges reasonable. While the weather is bad is a good time to have your cars overhauled.

## SMALL FARM NEAR LOUISA IS WANTED

We have been requested to try to locate a small place for rent just on the outskirts of Louisa. Want a good house and a few acres of land suitable for cultivation. Apply to the Big Sandy News office.

## MUSKRAT FOR FOOD

The enormous numbers of carcasses of muskrats which are thrown away after the pelts have been removed is a waste of food. The muskrat is an animal of most cleanly habits, is most discriminating in choice of food, and is a very acceptable addition to the table.

The writer can speak from personal experience to the effect that when cooked as rabbits are cooked the meat of the muskrat is extremely palatable. As a matter of fact, muskrats are sold for food in some of the eastern markets and some hunting clubs in the East have animal banquets in which the muskrat forms the chief dish. In some places this animal is known as the "marsh rabbit."

It is to be hoped that this means of reducing the cost of living, although slight, may not be overlooked.—F. L. Washburn, Minnesota Experiment Station.

## RAISING MORE BEEF CATTLE

Thousands of New Breeding Herds Being Established All Over Country With Better Stock.

It is a fact that there are thousands of new breeding herds being established all over the country. It is also a fact that farmers and small ranchmen are using more care in selecting the heifers and cows for these new



Fine Beef Specimen.

herds and the additions they are making to the herds they already have on their farms. Better quality has been preached from every hilltop in the land.

The live stock journals and agricultural papers have not let up in their advocacy of pure-bred cattle for the beef herds, and the voice has been heeded.

## GRUBS INJURIOUS TO STOCK

Pests Found on Backs of Cattle Develop Into Heel Flies and Do Great Harm to Animals.

The characteristic lumps or swellings which may be found under the skin on the backs of many cattle from January to April contain grubs. If these grubs are allowed to remain, they will complete their growth, drop to the ground and transform to heel flies, which may reinfect the cattle during the spring and summer. The grubs weaken the cattle, cause them to fall off in flesh and milk, and decrease the value of the hide. The beef in the immediate vicinity of a grub becomes slimy and of a greenish color, and is known to the butcher as "flecked beef." On an average the damage to the hides is placed at one-third their value and the loss of beef to each infested animal ranges from \$3.00 to \$5.00.

## ARRANGING RATION FOR COWS

Three Things Should Be Borne in Mind—Protein, a Little Fat and to Supply Succulence.

The ration for the dry cow should be formulated with three things in mind, namely, to furnish a sufficient amount of protein to develop the fetus properly and allow a surplus for the needs of the body of the cow; to supply enough carbohydrates that the cow may lay on a little fat; and to supply succulence. Some kind of green feed is very essential in the ration for the cow at all times. It serves the purpose of maintaining the bowels in a loose condition, which is necessary to good digestion and assimilation of food.

## COMPOST HEAP IS ESSENTIAL

Leaves, Ashes and Other Refuse Matter Should Be Accumulated for Garden Soil.

With the existing high cost of fertilizers of all kinds it is important that every farmer have a compost heap where leaves, ashes and other refuse matter about the place can be accumulated for use on the garden soil.

## THE SACRIFICE

By Harold Crawford Stearns of The Vigilantes.

If you should hear earth moan, and fall to weep,  
If you should turn your back on writhing pain,  
If you should close your eyes when nations bleed,  
You would be one with Cain.

Although you give your riches to the state,  
Although you yield your body, clean and whole,  
You shall receive a dim reward from fate—  
You must present your soul!

## MAN POWER OF HUNS

Germany's Full Strength Is Now 5,500,000 Men.

3,130,000 Are on Various Fronts, the Remainder Are Guarding Neutral Frontiers.

Paris.—The Echo de Paris, referring to the distribution of enemy forces on the different fronts, says:

"On the Franco-British front there have been for several months past 152 German divisions, of which 54 were opposed by the British and the remainder by the French. Following the recent British offensive at Cambrai, the proportion was modified. There are now exactly 154 divisions on the Franco-British front, each comprising about 5,850 bayonets, and including artillery, engineers, etc., or about 12,000 men in all, thus giving about 2,000,000 German combatants on the Franco-British front."

"In view of the uncertainty of what Russian anarchy has in store for them, the Germans have left about a million men on the Russo-Romanian front. As a matter of fact, the movements effected have resulted not in a diminution of the number of fighting units on this front, but in their quality."

"On the Italian front Germany has sent to the assistance of the 45 Austrian divisions only seven divisions, or about 100,000 men."

"On the Balkan front she has sent only 70,000 combatants to reinforce the Turks and Bulgarians. In Asia Germany has restricted her help to furnishing general staffs."

"Consequently Germany, whose total strength is 5,500,000 men, has on the various fronts 3,130,000 men, the remainder being required for guarding the Swiss and Dutch frontiers and for the occupation of the invaded territories."

## HIRSUTE CONSERVATION LATEST WAR MEASURE

Los Angeles, Cal.—Conservation of whiskers is the latest war-time measure advocated here. If every man and youth would refrain from getting a haircut and shave for a month, mathematicians figure something like \$5,000,000 would be saved in labor, time, rent, electricity and gas.

This, however, admittedly would be hard on the barber and the opposition of the ladies to a month's growth of picturesque hirsute adornments on head and husband is insurmountable.

## BETTER CLOTHES FOR TOMMY

Britain's Discharged Soldiers to Get "Regular" Outfit Hereafter.

London.—A long-standing grievance of Tommy Atkins is to be remedied. On discharge he was served out with a suit of shoddy, described in the trade as "rench-me-downs," a cheap tweed cap and a muffer, the value being fixed at \$4.20.

A newspaper man who witnessed the discharge of the men who fought at Mons described the returning heroes as looking like charity pensioners.

The press dealt with the complaint and the war office amended the scheme by substituting for the muffer a collar and a tie and suggesting greater care in the fitting of individual suits. Henceforth these men are to be released for civilian life wearing suits of decent quality and cut, representing \$10, wholesale value.

## USE COLOGNE BELL FOR GUNS

Great 56,000-Pound Relic of 1870 Dimantled and Sawed into Parts for War Purposes.

The Hague.—The great "kaiser's bell," whose sonorous voice many Americans may have heard above the roars of Cologne, has now been removed from its cage in the southern tower of the grand cathedral to be melted for war uses. It rang its funeral chime on New Year's night.

The bell weighed 56,000 pounds and it was necessary to saw it in pieces to get it down.

French guns captured in 1870 and 1871 were the material from which the bell was made, and it was first sounded on March 21, 1877, the birthday of William I. It took 27 bell ringers to operate it.

## War-time Training.

New York.—To train 500 social workers for war-time emergencies, the mayor's committee of women on national defense began a war-time training course. The course is in co-operation with Columbia university.

COME IN AND LET US DEMONSTRATE THIS MARVELOUS INSTRUMENT TO YOU. LET US PLAY YOUR FAVORITE SELECTIONS IN ORDER THAT YOU CAN COMPARE THE BRUNSWICK WITH ALL OTHER PHONOGRAPHS.

## THE BRUNSWICK

All Phonographs in One. Plays all Records.

THE ANY-RECORD BRUNSWICK OPENS A BROAD-ER FIELD OF MUSIC—ALL LIMITATIONS ARE REMOVED.

BUY ANY RECORD YOU WISH—WHATEVER MAKE—WHATEVER ARTIST. PLAY IT ON THE BRUNSWICK TO GAIN A NEW APPRECIATION OF TONAL VALUES.

FOR THE BRUNSWICK IS EQUIPPED WITH TWO SOUND BOXES. USE ANY NEEDLE YOU LIKE—JEWEL POINT, STEEL, SAPPHIRE BALL, ETC.

A SOUND BOX IS PROVIDED FOR THE WORLD-FAMOUS PATHE RECORDS—HITHERTO BARRED FROM MANY AMERICAN HOMES. ALL WITHOUT EXTRA COST.



Prices \$32.50 to \$180.00  
EASY TERMS

## LOUISA FURNITURE CO.

Concerts Daily

GIRLS! GIRLS! TRY IT!  
STOP DANDRUFF AND  
BEAUTIFY YOUR HAIR

HAIR STOPS FALLING OUT AND  
GETS THICK, WAVY, STRONG  
AND BEAUTIFUL.

Your hair becomes light, wavy, fluffy abundant and appears as soft, lustrous and beautiful as a young girl's after a "Dandergine hair cleanse." Just try this—moisten a cloth with a little Dandergine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt and excessive oil and in just a few moments you have doubled the beauty of your hair.

Besides beautifying the hair at once, Dandergine dissolves every particle of dandruff, cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair.

But what will please you most will be after a few weeks' use when you will actually see new hair—fine and downy at first—yes—but really new hair growing all over the scalp. If you care for pretty, soft hair and lots of it, surely get a small bottle of Dandergine's Dandergine from any druggist or toilet counter for a few cents.

## WILBUR.

The people of Wilbur are glad to know that springtime with its beautiful flowers and warm sunshine is almost here.

Mr. and Mrs. Cleveland Hays spent Sunday with Mr. and Mrs. Albert Estep.

Reason E. Swan of Cordell passed up our creek Friday enroute to Charley.

The stork paid a visit to Mr. and Mrs. Dock Travis, February 18, leaving them a fine boy.

Estill Hays was calling on his cousin, Kay Estep, Thursday.

Gora and Arthur Lemaster entertained a large crowd of young folks Saturday night.

Ole Cordell was the all night star of Claud and Bas Estep Wednesday.

Mr. and Mrs. Teen Lester are moving back from West Jefferson, Ohio.

Allie Edwards of Louisa, spent Friday night with friends at this place.

Albert Estep and O. B. Swerman made a business trip to Louisa Monday.

Carrie and Walter Lemaster are spending a few weeks with their sister at Van Lear, Ky. BROWN EYES.

## PATRONIZE YOUR HOME DEALER

STAR PIANOS,  
PLAYER PIANOS,  
STAR PHONOGRAPHS,

ARE SOLD BY ME THROUGHOUT THE ENTIRE BIG SANDY VALLEY. WRITE FOR PRICES AND TERMS.

ELIJAH B. BROWN,

HENRIETTA KY.

## WOOD'S SEEDS

## Seed Corn

Our Virginia Corn-growing sections have been fortunate in the growing and maturity of Seed Corn the past season, and we are enabled to offer our usual stocks of both

Field and Ensilage Corns of excellent quality and germination. Early orders are advisable, as we are having large demand from all sections.

WOOD'S DESCRIPTIVE CATALOG for 1918 gives full information and tells about all

Seeds for the Farm and Garden

Write for Catalog and prices of any seeds required.

T. W. WOOD & SONS,

BERDSMEN, Richmond, Va.

## MAKING BARBER COATS NO EXEMPTION EXCUSE

New York.—Michael Feldstein, while filling out a government questionnaire, sought exemption from military duty on the ground he manufactured military uniforms. When the exemption board learned that Michael made "coats of military cut for barbers," recommendations were made that "Michael would look fine in a coat of military cut, but which is not worn by the barber shop brigade."

## EAT MORE POTATOES

Increased Use Will Bring About Saving of Grain.

Agricultural Department Suggests Tubers Be Given More Prominent Place in Luncheons.

Washington.—The eating of more potatoes for supper, or for luncheon, if the family is accustomed to have dinner at night, is a suggestion of the United States department of agriculture, in order that the tremendous crop of tubers produced in the United States this year may be utilized as fully as possible and spoilage avoided. Such increased use should, at the same time, bring about a saving of grain, since one common result of eating more potatoes is the eating of less wheat bread, which is a reasonable suggestion when one remembers that both of them are used as a source of starch in the diet. This reduction in grain consumption is desirable, the department points out, and there is great need of grain for shipment to our soldiers and to the soldiers and civilians of other countries engaged with us in the war against Germany.

The use of more potatoes for luncheon should be a simple matter. In the opinion of specialists of the department of agriculture, since practically all Americans like potatoes and since there are numerous ways in which the tubers may be prepared to avoid a sameness in the diet. Potatoes, even in their simplest forms—baked and boiled—make good luncheon dishes. They may also be used for making a variety of dishes, such as creamed and scalloped potatoes, with or without cheese; stuffed potatoes, potato croquettes, and so on. Combination dishes, such as hash, stews, meat pie with potato crust, and so on, in which a considerable amount of potato is used with other foods, may constitute practically an entire luncheon, being hearty enough to serve for the purpose with a little salad or fruit or sweets.

## HELP! SEND FUEL! PET CANARY HAS YOUNG ONES

(By International News Service.) Detroit.—"Please, sir, oh, please, if you are humane, send coal to my home at once." This was the agonized appeal of a woman over the telephone to the fuel administrator's office. The coal was produced and, when pressed for explanation, the woman added: "My pet canary is hatching young ones."

## FOR SALE!—1 bull, red, 8 mos. old

weight 525 lbs., 3/4 Shorthorn. 2 two-year old heifers, 1 roane, 1 red, registered, not bred. Come and see them or write TOBE FRENCH, Vesale, Kentucky. mrl-4t.

One of the most elegant lines of 1918 styles in spring hats for ladies and misses ever shown in this city will be on display in a few days at Burton's store.

FOR SALE!—Imperial Incubator and brooder, capacity 120 eggs. MR. BECCA PETERS, Lower Two Mile, Louisa, Ky.

For new spring goods go to A. L. Burton.

## THE RED CROSS NURSES OF EUROPE ARE GIVING TOASTED CIGARETTES TO THE BOYS

To anyone who doesn't know of the wonderful advances that have been made in the preparation of smoking tobacco in the last few years it may sound strange to speak of toasted cigarettes.

Strictly speaking, we should say cigarettes made of toasted tobacco; the smokers of this country will recognize it more readily by its trade name, "LUCKY STRIKE"—the toasted cigarette.

The American Tobacco Company are producing millions of these toasted cigarettes and these are being bought in enormous quantities through the various tobacco funds conducted by the newspapers of the country and forwarded through the Red Cross Society to the boys in France.

This new process of treating tobacco not only improves the flavor of the tobacco but it seals in this flavor and makes the cigarettes keep better.

The Red Cross nurse is always glad to have a cigarette for the wounded soldier, as, in most instances, that is the first thing asked for.

## HUSBAND COURTS SPOUSE, BUT NOT WITH SPOUSE

Independence, Kan.—A married man of this city recently returned his questionnaire and waived all his rights to exemption.

When asked why, as a married man, he didn't take advantage of them, he said:

"Exemption be d—d. You don't know my wife. Say, man, I'd rather walk across No Man's land and back barefooted than live with that woman."

## COLLEGE BOYS TAKE UP AX

Athletes of University of Colorado Will Cut Wood During Week-End Vacations.

Boulder, Colo.—Athletes of the University of Colorado here, who are not caught in the next army draft, will shoulder an ax instead of a musket, and go into the forests of the Rocky Mountain national preserves during holidays and week-end vacations to cut wood. This will be brought to Boulder and shipped to Denver and other cities as fuel, to take the place of coal.

The college boys have agreed to donate at least 20 per cent of their ax and saw earnings to the Red Cross.

## A NERVOUS WRECK

From Three Years' Suffering, Says Cardui Made Her Well.

Texas City, Tex.—In an interesting statement, Mrs. G. H. Schill, of this town, says: "For three years I suffered untold agony with my head. I was unable to do any of my work."

I just wanted to sleep all the time, for that was the only ease I could get, when I was asleep. I became a nervous wreck just from the awful suffering with my head.

I was so nervous that the least noise would make me jump out of my bed. I had no energy, and was unable to do anything. My son, a young boy, had to do all my household duties.

I was not able to do anything until I took Cardui. I took three bottles in all, and it surely cured me of those awful headaches. That has been three years ago, and I know the cure is permanent, for I have never had any headache since taking Cardui.

Nothing relieved me until I took Cardui. It did wonders for me."

Try Cardui for your troubles—made from medicinal ingredients recommended in medical books as being of benefit in female troubles, at 140 years of age it prevents the books are right. Begin taking Cardui today.

NO-15